The HSC Outpatient Center is an extension of The HSC Pediatric Center, a specialty hospital in the District of Columbia that provides rehabilitation and transitional care to children and young adults with complex medical problems and disabilities. It offers the same standards of care, but in a convenient Maryland location. Outpatient services are available at both DC and Maryland locations, and specifically designed for children and young adults up to 21 years of age.

Located in Prince George’s County, The HSC Outpatient Center provides easy access to family-centered therapy and equipment support for children with special health care needs. The center offers physical therapy, speech-language and feeding therapy, occupational therapy, and assistive technology evaluation and training. It is also home to an equipment clinic that serves as a one-stop shop for children and their families, providing a level of service that is unmatched in the region.

Contact Us
The HSC Outpatient Center is open Monday through Friday from 8am to 6pm

To schedule an appointment with the equipment clinic in either DC or Maryland, please call 202-635-6167

To schedule an appointment for therapy services in either DC or Maryland, please call 202-635-5580

The HSC Outpatient Center
4500 Forbes Boulevard
Lanham, MD 20706

www.hsctherapy.org
Available Services

Physical Therapy
Physical therapy helps children move around and be as independent as possible, working on skills like rolling, crawling, sitting, standing and walking. Our physical therapists are trained in studying movement patterns and helping patients learn or relearn motor skills.

Speech-Language & Feeding Therapy
Our speech-language team uses fun and creative ways to teach children to communicate with the world around them. We help children use their voice or other means of technology, work on problem solving, increase memory and social skills, and ask and understand questions. Our feeding team also teaches children who have difficulty eating to chew and swallow their food safely.

Occupational Therapy
Occupational therapy helps children improve independence with daily activities like feeding, dressing and playing. Working to increase strength and coordination, our team can help children with tasks required for school or play, improve posture, balance and visual coordination, and understand the sounds, sights and other movements around them.

Assistive Technology & Power Mobility
The assistive technology team works to improve the lives of children with disabilities through the use of technology, allowing them to communicate, learn, play, interact and access and better control their environment. Our team works to identify technologies to improve independence in the home, school and community, as well as match children with the best mobility for their needs.

Equipment Clinic
The equipment clinic at The HSC Outpatient Center maximizes the independence of children with disabilities through the evaluation and use of durable medical equipment (like wheelchairs) and orthotics (an artificial support or brace). We individually evaluate your child’s needs and bring together a team of health care professionals with state-of-the-art equipment vendors to offer individualized support and services:

- **Seating & Positioning Assessment** – Evaluate and position the current seating system, and if appropriate, adjust for greater comfort and alignment.
- **Wheelchair Evaluation & Fitting** – Assess the need for a manual vs. power wheelchair, determine accessibility of home and the ability to transport a wheelchair, and measure to determine specifications.
- **Additional Medical Equipment Support** – Assess and measure for equipment such as adapted strollers, alternative seating systems for home and school, bath and shower chairs, canes, crutches, gait trainers, lifts, standers, walkers, etc.
- **Orthotics & Prosthetics** – Evaluate, cast and fit for orthotics, prosthetics or other artificial supports to improve balance, gait and alignment.
- **Client & Family Training** – Educate and train children and their families to safely use, maintain, set up and breakdown each piece of equipment.

www.hsctherapy.org